



VIE SPA



WELCOME

Escape to a tranquil place, a place where your wellness is nurtured to harmonise with your inner self, a place where care is personalised and life is celebrated. Escape to Vie Spa.

From the moment you enter our sanctuary you will feel a wave of calm wash over you. As your guide on this journey of rejuvenation we will tailor our range of beauty and body treatments to meet your personal needs and preferences. Our spa suites, relaxation areas and grounds will add to the total experience you will enjoy at Vie.

Escape to Vie Spa and leave feeling restored, revived and inspired.

VIE FAQ

ARRIVAL

Please arrive at least 15 minutes prior to your appointment to give yourself time to enjoy our relaxation lounge and complete your consultation form.

CANCELLATIONS

Bookings cancelled within 24hrs or 'no-shows' will incur a 50% cancellation fee.

VALUABLES

Locker facilities are provided, however we cannot accept responsibility for loss of valuables.

COUPLES

Enjoy a romantic shared experience in one of our tranquil double suites. Any individual treatment can be tailored to give you time together while caring for your personal preferences.

WEDDINGS

Treat yourself to glowing skin, camera ready nails and make up for your special day or relax with your bridal party on the morning of your wedding. Ask our team about our bridal options.

CONFERENCES

Ask about our specially designed express treatment menu for busy conference groups.

PRODUCTS

Our highly trained therapists use Pevonia Botanica, a high performance natural skin and body care range, along with organic, Australian-made iKOU products made in the Blue Mountains of New South Wales.

RITUALS

HEAVEN ON EARTH 120mins | \$280

Our most popular Vie Spa treatments come together in a heavenly escape for face and body.

- Full Body Exfoliation
- Full Body Massage
- Organic Facial
- Soothing Foot Treatment

AROMA-FUSION 90mins | \$210

A true sensory experience using organic essential oils to nurture and nourish.

- Back Exfoliation
- Back Massage
- Organic Facial
- Soothing Foot Treatment

WHITE FLANNEL FLOWER 90 mins | \$220

This hydrating Australian flower connects you with inner joy and achieves a radiant all-over glow.

- Organic Coconut & Jasmine Body Polish
- Wild Yam & White Flannel Flower Hydrating Cocoon
- Baobab & Neroli Scalp & Facial Massage
- Organic Age Defying Body Soufflé
- Foot Restoration Massage

AWAKEN 90mins | \$215

Draw energy from the healing power of nature, while restoring an all over radiance from head-to-toe.

- Bergamot Scalp Cocoon & Reviving Head Massage
- Lemon Myrtle & Lime Body Scrub
- Reviving Lemon Myrtle & Cucumber Cocoon
- Foot Massage & Mask
- Organic Full Body Hydration

BODY & H2O

BODY DE-STRESS 90mins | \$215

Calm the mind into a tranquil state of deep relaxation while receiving the benefits of full body restoration.

- De-Stress Salt Scrub
- Australian Pink & Moroccan Rhassoul Clay Cocoon
- Soothing Heated Deep Conditioner & Head Massage
- Organic Hydrating Body Soufflé

VIE BODY SCRUB 50mins | \$120

Also available as a 30mins | \$80 add-on to other treatments.

A customised body exfoliation that is rich in essential fatty acids and antioxidants, infused with oils that promote cell renewal and polish away dull skin. Finished with a Hydrating Body Soufflé.

VICHY RAIN SHOWER 30mins | \$80

Begin with dry body brushing to stimulate your lymphatic system. This water therapy leaves your skin highly hydrated, relaxes tired and sore muscles and ultimately releases tension from your body.

AROMATHERAPY BATH SOAK 30mins | \$70

Water, the source of life. Utilise the therapeutic benefits of hydrotherapy as a blissful add on before or after your treatment.

MASSAGE

All massages begin with our signature foot ritual and your choice of an organic essential oil blend.

VIE MASSAGE 60mins | \$140 80mins | \$180

Our signature full-body massage combining rhythmic movements with your choice of an organic IKOU oil blend.

MUSCULAR WELLBEING 60mins | \$145 80mins | \$185

Release tension from the deeper tissues and help correct muscular imbalances.

HOT STONE HEALING 60mins | \$150 90mins | \$195

Expertly guided hot basalt stones combined with geranium and clementine oils and fluid movements. 90min option includes additional foot renewal exfoliation.

BABY BALANCE 60mins | \$140 80mins | \$180

Treat yourself during your pregnancy with this specialised massage to relieve tension while supporting both your body and bump. Suitable after 12 weeks.

HEAD, NECK & SCALP 40mins | \$115

Also available as a 30 mins | \$80 add-on to other treatments.

Calm thoughts and ease stored tension with this warm, deep conditioning hair mask.

BACK, NECK & SHOULDER 30mins | \$80

Target the areas that carry stress with an organic iKOU essential oil blend.

FACIALS

All of our facials are customised to take your skin on a journey specific to your needs using high performance Pevonia Botanica skin care.

ANTI-AGING LUXE 80mins | \$210

Cutting-edge Pevonia freeze-dried technology delivers concentrated active ingredients deep within the skin for instant results and cumulative benefits. Includes a soothing hand and foot massage.

VIE SIGNATURE FACIAL 60mins | \$165

Rich healing ingredients will instantly leave your skin glowing. Includes steam exfoliation, personalised skin mask and soothing foot or hand massage.

ORGANIC RADIANCE 50mins | \$125

Enjoy a luxurious botanical facial customised for your skin type, or add one of our Blissful Enhancer skin boosters.

REVIVER FACIAL 30mins | \$80

Finish any of our treatments with gorgeous glowing skin.

BLISSFUL ENHANCERS

Enjoy some extra indulgence with our selection of Blissful Enhancers that can be added to any of our treatments.

LIP PLUMPER | \$40

Pout perfecting treatment combining the volumising and plumping properties of cayenne pepper and marine collagen.

VIE SACRED SCALP | \$40

A nourishing scalp treatment that works with pressure points.

BLISSFUL EYE MASK | \$40

Make your eyes instantly clearer, relieve puffiness and improve hydration.

SKIN BOOSTERS | \$30

Add a tailored Pevonia Botanica booster to any of our facials:

- Vitaminic - intense vitamin boost for dehydrated skin
- Propolis - calms and soothes sensitive skin and helps ease breakouts
- Collagen & Caviar - plumps out fine lines and rejuvenates ageing skin
- Elastin & Sorghum - smooths down wrinkles and firms the skin
- Optimal Vitamin C - enlivens sluggish skin and rehydrates

A MAN'S WORLD

VIE SPA FOR MEN 120mins | \$280

Our uplifting full body ritual designed just for men, delivering muscle tension relief and ultimate relaxation from head-to-toe

- iKOU Foot Ritual
- Warm Bergamot Hair & Scalp Deep Conditioning Massage
- Organic Jojoba & Italian Orange Body Buff
- Organic Aromatherapy Full-Body Massage

SKINFIT FOR MEN 60mins | \$165

Improve elasticity, calm irritation and smooth texture for better looking skin with this high performance facial for men. Includes a nourishing hand or foot massage.

MEN'S HAND & FOOT 90mins | \$165

This combination of our Hand and Feet Men's Maintenance treatments will leave your hands and feet hydrated and in top condition for a professional, well-groomed look.

HAND MAINTENANCE 50mins | \$95

Hand exfoliation, nail shaping and buffing, cuticle tidy and hydrating hand massage.

FOOT MAINTENANCE 50mins | \$100

Hard skin removal, foot soak and exfoliation, nail shaping and buffing, cuticle tidy and hydrating foot massage.

MEN'S WAXING

Please ask your therapist about our men's waxing services.

HAND & FOOT

VIE HAND & FOOT INDULGENCE 90mins | \$170

The perfect duo. This combination of our deluxe manicure and pedicure will leave your hands and feet superbly hydrated and in wonderful condition.

HAND PRINT 60mins | \$100

Our signature manicure. Replenish, repair and soften with exfoliation, massage, nail care and mask. Includes a colour polish. French polish available.

SOLE REVIVAL 60mins | \$105

Our signature pedicure. Indulge in a warm foot soak, smoothing exfoliation, nail care, massage and mask. Includes a colour polish. French polish available.

FILE, BUFF & POLISH 30mins | \$60

FRENCH POLISH ADD ON \$25

RAINFOREST FOOT MASSAGE 40mins | \$90

Ease tension and increase circulation with a eucalypt foot soak and scrub, specialty massage and a lemon scented tea tree cucumber mask.

WAXING & TINTING

Eyebrow	\$25	Full Arm	\$40
Eyelash Tint	\$25	Half Leg	\$45
Lash & Brow Tint	\$40	Full Leg	\$75
Lip	\$25	Full Leg + Bikini	\$95
Chin	\$25	Bikini	\$25
Underarm	\$25	G-String	\$50
Half Arm	\$25		



OPENING HOURS & RESERVATIONS

Open from 9am daily, including public holidays, advance bookings are strongly recommended.

Please call **+61 7 4059 9613** or email **viespa.palmcove@accor.com** for enquiries or to book your treatment.

Visit **pullmanpalmcove.com.au** or find us on Facebook for our current specials and promotions.



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